



May-19

Amerischool

Lunch

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
		Pepperoni Pizza	Chicken and Vegetable Burrito	Beef Mac & Cheese
		Cheese Pizza	Grill Cheese	Mac & Cheese
		Broccoli	Refried Beans	Carrots
		Fruit of the Day	Fruit of the Day	Fruit of the Day
		Variety of Milk	Variety of Milk	Variety of Milk
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Hot Dog	Chicken Nuggets	Pepperoni Pizza	Beef & Potato Tostada	Spaghetti w Meat Sauce w Garlic Bread
Bean & Cheese Burrito	Cheese Quesadilla	Cheese Pizza	Bean & Cheese Tostadas	Spaghetti w Marinara Sauce w Garlic Bread
Corn	Green Beans	Broccoli	Refried Beans	Carrots
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Chicken Patty	Beef Chilaquiles	Pepperoni Pizza	Beef Nachos	Teriyaki Chicken w Rice
Cheese Quesadilla	Cheese Chilaquiles	Cheese Pizza	Cheese Nachos	Vegetable Stir Fry
Corn	Green Beans	Broccoli	Refried Beans	Carrots
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Hamburger	Turkey Corndog	Pepperoni Pizza	Chicken Quesadilla	Orange Chicken w Rice
Veggie Burger	Cheese Quesadilla	Cheese Pizza	Cheese Quesadilla	Veggie Stir Fry w Rice
Corn	Green Beans	Broccoli	Refried Beans	Carrots
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
	Summer Break		Summer Break	

Foodservice Director: Christian Lerma (520) 495-5533
 MENUS SUBJECT TO CHANGE Website: www.healthyinnovationsaz.com

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