







August

AmeriSchools

2019

Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday 1	Friday 2	Saturday 3
				Chicken Parmesan Garden Chicken Parmesan Mashed Potatoes Fruit of the day, Variety Milk	Beef Picadillo Soy Crumble Picadillo Green Beans Fruit of the day Variety Milk	
4 <i>Menu Subject to change</i>	5 Sloppy Joe Hotdog Grilled Cheese Sandwich Corn Fruit of the day, Variety Milk	6 Beef w Peppers Quesadilla Veggie Wrap Carrots Fruit of the day, Variety Milk	7 Pepperoni Pizza Cheese Pizza Broccoli Fruit of the day, Variety Milk	8 Chicken Quesadilla Cheese Quesadilla Refried Beans Fruit of the day, Variety Milk	9 Orange Chicken w Rice Vegetable Stir Fry W Cheese & Rice Green Beans Fruit of the day, Variety Milk	10
11	12 Chicken Patty Sandwich Cheese Quesadilla Corn Fruit of the day, Variety Milk	13 Corn Dogs Grilled Cheese Carrots Fruit of the day, Variety Milk	14 Pepperoni Pizza Cheese Pizza Broccoli Fruit of the day, Variety Milk	15 Carne Asada w Tortilla Bean & Cheese Burrito Refried Beans Fruit of the day, Variety Milk	16 Spaghetti w Meat Sauce Spaghetti w Sauce Green Beans Fruit of the day, Variety Milk	17 
18 	19 Hotdog Grilled Cheese Sandwich Corn Fruit of the day, Variety Milk	20 Baked Ziti w Meat Sauce Baked Ziti w Soy Crumble Carrots Fruit of the day, Variety Milk	21 Pepperoni Pizza Cheese Pizza Broccoli Fruit of the day, Variety Milk	22 Chicken Sandwich Vegetable Stir Fry w Cheese Green Beans Fruit of the day, Variety Milk	23 Chicken w Enchilada Sauce & Peppers and Tortilla Cheese Quesadilla Refried Beans Fruit of the day, Variety Milk	24
25	26 Chicken Tenders Grilled Cheese Sandwich Corn Fruit of the day, Variety Milk	27 Chicken Fajitas w Tortilla Bean & Cheese Burrito Refried Beans Fruit of the day, Variety Milk	28 Pepperoni Pizza Cheese Pizza Broccoli Fruit of the day, Variety Milk	29 Chicken Salad Sandwich Cheese Quesadilla Carrots Fruit of the day, Variety Milk	30 Beef Tacos Bean Cheese Tacos Green Beans Fruit of the day, Variety Milk	31 

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