

December 2019

Bulldog Bytes



Important Dates

Thursday, Dec. 12th

Career Day 9—11 am

Friday, Dec. 20th

Early Release 12:00

Winter Break Begins

December 21—January 5

Winter Break

Back to School—Mon. 1/6

Friday, January 18

100th Day of School

Winter Break is quickly approaching! Please reference the **Important Dates** portion of this Newsletter so you are up to date on all of the seasonal happenings and upcoming break dates and school events. We are grateful for yet another wonderful year here at *AmeriSchools Camelback!*

We wish you a happy holiday season and an EPIC beginning of **2020!** See you next year!

**CANNED FOOD DRIVE
DRIVE ENDS THURSDAY, DECEMBER 19TH
CLASS WITH THE MOST CANS WINS A PARTY!**

IMPORTANT REMINDERS:

- Last week for **Coupon Books** before returning them. They for themselves in just a few uses—\$25
- Please update your **emergency contact card** if anything has changed.
- Returning students, if you haven't given the office a **Proof of Residency** form this year, please do so. Letters will be going home as reminders
- **Please pay school fees!**
 - School Activities: \$50 per child/ \$75 per family
 - Before School Care
 - Sport Fees
- **January Lunch** menus will be going home this week and **payment** will be due by Tuesday, December 17th



TAX CREDIT INFORMATION
There is still time to donate this year!



Kids at Hope Pledge

I am a Kid at Hope. I am talented, smart, and capable of success. I have dreams for the future, and I will climb to reach those goals and dreams every day. All children are capable of success, **NO EXCEPTIONS!!**

A Message From our Principal:

Greetings....



It's hard to believe it's December. The end of 2019 is drawing near already, and we will be starting a new decade come January 1st 2020.

I hope everyone had a wonderful Thanksgiving filled with food, family and friends!! The bustling holiday season is upon us. We are hoping to keep our students on task as much as possible in the next two weeks. It is a challenging feat indeed!! The minds of young children tend to wander to all the holiday season has to offer.

Give the gift of your time this holiday season. Parents can continue to be an active participant and help with their children's education by maintaining a good routine of checking homework and folders daily and keeping track of assignments that are due. A strong education is one where the student, teacher, and parent all work together toward the common goal of educating our children. We love being able to share them with you!!

For the New Year, I wish you health and happiness and hope the winter recess provides a myriad of opportunities for you and your family to do things you might not be able to accomplish when school is in session.

My sincere wishes to you and your family for a wonderful holiday season. Thank you all for your continued support!!

Happy Holidays,
Lorie Eastep
Principal



Choose Kind

BOX TOPS

AmeriSchools Camelback collects box tops throughout the school year. The proceeds help to supplement field trips, extracurricular clubs, and activities. Please submit your box tops to the front office.



Healthy Tips of the Month



Winter Safety Tips for Parents and Kids

What is a Cold?

A cold is an infection of the upper respiratory system. Which means it affects your nose, throat, and ears. A cold can make your head ache, have no energy, be in a cranky mood, and not be able to breathe through your nose.

How do I prevent a Cold?

The best way to prevent a cold is to wash your hands often. For example, wash your hands after you play video games, touch door knobs/handles, school objects, and after you come into contact with someone who has a cold.

Cold Clues:

- *low fever (100-101 degrees Fahrenheit)
- *body chills
- *itchy or sore throat
- *sneezing, running nose, watery eyes
- *coughing
- *feeling tired and not hungry
- *congestion in your nose making breathing harder

NOSEBLEEDS

If your child suffers from winter nosebleeds, try using a cold air humidifier in the child's room at night. Saline nose drops or

