

February 2021

Amerischool – Lunch Menu

M	T	W	T	F
Chicken Patty Sandwich Corn Fruit of the day Variety of Milk 1	Baked Ziti w Meat Sauce Carrots Fruit of the day Variety of Milk 2	Cheese Chilaquiles Refried Beans Fruit of the day Variety of Milk 3	Beef Mac & Cheese Green Beans Fruit of the day Variety of Milk 4	Pepperoni Pizza Romaine Salad Fruit of the day Variety of Milk 5
Corn Dog Corn Fruit of the day Variety of Milk 8	Orange Chicken w Rice Carrots Fruit of the day Variety of Milk 9	Chicken Quesadilla Refried Beans Fruit of the day Variety of Milk 10	Turkey & Cheese Sandwich Green Beans Fruit of the day Variety of Milk 11	Pepperoni Pizza Romaine Salad Fruit of the day Variety of Milk 12
Hamburger Corn Fruit of the day Variety of Milk 15	Chicken Nuggets Carrots Fruit of the day Variety of Milk 16	Chicken Fajitas w Tortilla Refried Beans Fruit of the day Variety of Milk 17	Italian Sub Green Beans Fruit of the day Variety of Milk 18	Pepperoni Pizza Romaine Salad Fruit of the day Variety of Milk 19
Hot Dog Corn Fruit of the day Variety of Milk 22	Spaghetti w Meat Sauce Carrots Fruit of the day Variety of Milk 23	Cheese Quesadilla Refried Beans Fruit of the day Variety of Milk 24	Rodeo Break is Here! No school on February 25th or 26th Have a great break! 25 26	

Good Friends
are like stars,
you don't
always see
them, but you
know they're
always there.

*Love,
Friendship
and Happiness
this
Valentines
Day.*



Fruit of the Day:
Apple , Banana,
Mix Fruit , Grapes,
Honeydew, Orange,
Pears, Plums,
Watermelon

Assorted Cereals:
Apple Cinnamon,
Cinnamon Toasters,
Honey Nut Cheerios,
Raisin Brand, Lucky
Charms, Mini Wheats,
Froot Loops

HEALTHY INNOVATIONS
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.
Menu questions/concerns: Mirna Arenas(520) 495 5533
MENUS SUBJECT TO CHANGE
menus@healthyinnovationsaz.com