

AUGUST 2021



Amerischool - Breakfast Menu

Fruit of the Day:

Apple ,
Banana,
Fruit
Cocktail ,
Grapes,
Honeydew,
Orange,
Pears,
Plums,
Watermelon

Assorted Muffin:

Banana
Muffin,
Apple
Cinnamon
Muffin,
Blueberry
Muffin,
Chocolate
Muffin

Yogurt Flavors:

Strawberry,
Peach,
Vanilla,
Strawberry
& Banana,
Blueberry



M T W T F

2

3

4

Ham & Egg Burrito
Fruit of the day
Juice
Variety of Milk 5

Waffle
Fruit of the day
Juice
Variety of Milk 6

Maple Flavored Mini
Pancakes
Fruit of the day
Apple Juice
Variety of Milk 9

Egg, Potato & Cheese
Burrito
Fruit of the day
Juice
Variety of Milk 10

Bagel w Cream Cheese
Fruit of the day
Juice
Variety of Milk 11

Egg & Cheese Biscuits
Fruit of the day
Juice
Variety of Milk 12

Bacon & Egg Burrito
Fruit of the day
Juice
Variety of Milk 13

Cinnamon Roll
Fruit of the day
Apple Juice
Variety of Milk 16

French Toast w
Sausage
Fruit of the day
Juice
Variety of Milk 17

Granola Bar w
Crackers
Fruit of the day
Juice
Variety of Milk 18

Chorizo & Egg
Burrito
Fruit of the day
Juice
Variety of Milk 19

Maple Flavored Mini
Pancakes
Fruit of the day
Juice
Variety of Milk 20

Oatmeal w Banana
Fruit of the day
Apple Juice
Variety of Milk 23

Bacon & Egg Burrito
Fruit of the day
Juice
Variety of Milk 24

Waffle
Fruit of the day
Juice
Variety of Milk 25

Bagel w Egg & Cheese
Fruit of the day
Juice
Variety of Milk 26

Ham & Egg Burrito
Fruit of the day
Juice
Variety of Milk 27

Cinnamon Roll
Fruit of the day
Apple Juice
Milk Variety 30

Scramble Egg w
Cheese Burrito
Fruit of the day
Juice
Variety of Milk 31

Assorted Cereals:

Apple
Cinnamon,
Honey Nut
Cheerios,
Cinnamon
Toasters,
Raisin
Brand,
Lucky
Charms,
Mini
Wheats,
Froot Loops



HEALTHYINNOVATIONS
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.

Menus: Mirna Arenas (520) 495-5533

MENUS SUBJECT TO CHANGE

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