

SEPTEMBER 2021

Amerischool - Breakfast Menu



Fruit of the Day:

Apple
Banana
Fruit Cocktail
Grapes
Honeydew
Orange
Pears
Plums
Watermelon

Assorted Muffin:

Banana Muffin,
Apple
Cinnamon
Muffin,
Blueberry
Muffin,
Chocolate
Muffin

Yogurt Flavors:

Strawberry,
Peach, Vanilla,
Strawberry &
Banana,
Blueberry

Fruit of the Day:

Apple
Banana
Fruit Cocktail
Grapes
Honeydew
Orange
Pears
Plums
Watermelon

	M	T	W	T	F
			Granola Bar w Crackers Fruit of the day Juice Variety of Milk	Cheese & Egg Burrito Fruit of the day Juice Milk Variety	Waffle Fruit of the day Juice Milk Variety
			1	2	3
			Yogurt w Crackers Fruit of the day Juice Milk Variety	English Muffin w Egg & Cheese Fruit of the day Juice Milk Variety	French Toast w Sausage Fruit of the day Juice Milk variety.
			8	9	10
			Assorted Muffin Fruit of the day Juice Milk Variety	Chorizo & Egg Burrito Fruit of the day Juice Milk Variety	Maple Flavored Mini Pancakes Fruit of the day Juice Milk variety
			15	16	17
			Cereal Bar w Crackers Fruit of the day Juice Milk Variety	Egg & Cheese Bagel Fruit of the day Juice Milk Variety	French Toast Fruit of the day Juice Milk variety
			22	23	24
			Yogurt w Crackers Fruit of the day Juice Milk Variety	Scramble Egg w Cheese Burrito Fruit of the day Juice Milk variety.	
			29	30	
			Egg, Potato & Cheese Burrito Fruit of the day Juice Variety of Milk		
			7		
			Bagel w Cream Cheese Fruit of the day Juice Milk Variety		
			14		
			Bacon & Egg Burrito Fruit of the day Juice Milk Variety		
			21		
			Assorted Cereal Fruit of the day Apple Juice Milk Variety		
			20		
			Oatmeal w Banana Fruit of the day Apple Juice Milk Variety		
			13		
			Waffle Fruit of the day Juice Milk Variety		
			28		
			Assorted Muffin Fruit of the day Apple Juice Milk Variety		
			27		



This institution is an equal opportunity provider.

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MENUS SUBJECT TO CHANGE

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