

SEPTEMBER 2021

Amerischool - Lunch Menu



Fruit of the Day:

Apple
Banana
Fruit Cocktail
Grapes
Honeydew
Orange
Pears
Plums
Watermelon

	W	T	F
	W Beef Picadillo w Tortilla Refried Beans Fruit of the day Milk Variety 1	T Chicken Alfredo Pasta Green Beans Fruit of the day Milk Variety 2	F Pepperoni Pizza Iceberg Salad Fruit of the day Milk Variety 3
M  6	T Corn Dog Carrots Fruit of the day Milk Variety 7	Chicken Fajitas w Tortilla Refried Beans Fruit of the day Milk Variety 8	Sloppy Joe Green Beans Fruit of the day Milk Variety 9
Chicken Nuggets Corn Fruit of the day Milk Variety 13	Spaghetti w meat Sauce W Garlic Bread Carrots Fruit of the day Milk Variety 14	Beef & Potato Tacos Refried Beans Fruit of the day Milk Variety 15	Macaroni & Cheese Salad Green Beans Fruit of the day Milk Variety 16
Cheeseburger Corn Fruit of the day Milk Variety 20	Mac & Cheese Carrots Fruit of the day Milk Variety 21	Orange Chicken w Rice Green Beans Fruit of the day Milk Variety 22	Cheese Quesadilla Refried Beans Fruit of the day Milk Variety 23
Chicken Patty Sandwich Corn Fruit of the day Milk Variety 27	Baked Ziti w Meat Sauce W Garlic Bread Carrots Fruit of the day Milk Variety 28	Cheese Nachos Refried Beans Fruit of the day Milk Variety 29	Turkey Hot Dog Green Beans Fruit of the day Milk Variety 30
			Pepperoni Pizza Iceberg Salad Fruit of the day Milk Variety 10
			Pepperoni Pizza Iceberg Salad Fruit of the day Milk Variety 17
			Pepperoni Pizza Iceberg Salad Fruit of the day Milk Variety 24



This institution is an equal opportunity provider.

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MENUS SUBJECT TO CHANGE

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