

OCTOBER 2021

Amerischool - Breakfast Menu

M

Assorted Cereal
Fruit of the day
Milk Variety
Juice

4



11

Assorted Muffin
Fruit of the day
Milk Variety
Juice

18

Assorted Cereal
Fruit of the day
Milk Variety
Juice

25

T

Chorizo & Egg Burrito
Fruit of the day
Milk Variety
Juice

5



12

Bagel w Cream Cheese
Fruit of the day
Milk Variety
Juice

19

Egg, Potato &
Cheese Burrito
Fruit of the day
Milk Variety
Juice

26

W

Granola Bar w Crackers
Fruit of the day
Milk Variety
Juice

6



13

Cereal Bar w Crackers
Fruit of the day
Milk Variety
Juice

20

Yogurt w Crackers
Fruit of the day
Milk Variety
Juice

27

TH

Yogurt w Crackers
Fruit of the day
Milk Variety
Juice

7



14

Bacon & Egg Burrito
Fruit of the day
Milk Variety
Juice

21

Waffle
Fruit of the day
Milk Variety
Juice

28

F

Maple Flavored
Mini Pancakes
Fruit of the day
Milk Variety
Juice

1

French Toast w Sausage
Fruit of the day
Milk Variety
Juice

8



15

Maple Flavored
Mini Pancakes
Fruit of the day
Milk Variety
Juice

22

English Muffin w Egg
& Cheese
Fruit of the day
Milk Variety
Juice

29

Fruit of the Day:

Apple, Banana, Fruit
Cocktail, Grapes,
Honeydew, Orange,
Pears, Plums,
Watermelon

HEALTHYINNOVATIONS
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.

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MENUS SUBJECT TO CHANGE

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