

# NOVEMBER



## Amerischool - Breakfast Menu

**Assorted Cereals:**  
 Apple  
 Cinnamon,  
 Honey Nut  
 Cheerios,  
 Cinnamon  
 Toasters,  
 Raisin Brand,  
 Lucky Charms,  
 Mini Wheats,  
 Froot Loop

**M**

Assorted Cereal  
 Apple  
 Juice  
 Milk Variety 1

Cinnamon Roll  
 Apple  
 Juice  
 Milk Variety 8

Assorted Cereal  
 Apple  
 Juice  
 Milk Variety 15

Assorted Cereal  
 Apple  
 Juice  
 Milk Variety 22

Muffin  
 Apple  
 Juice  
 Milk Variety 29

**T**

Egg, Potato & Cheese  
 Burrito  
 Orange  
 Juice  
 Milk Variety 2

Turkey & Egg Burrito  
 Orange  
 Juice  
 Milk Variety 9

Waffle  
 Orange  
 Juice  
 Milk Variety 16

Egg & Potato Burrito  
 Orange  
 Juice  
 Milk Variety 23

Chorizo & Egg Burrito  
 Orange  
 Juice  
 Milk variety. 30

**W**

Granola Bar w Crackers  
 Watermelon  
 Juice  
 Milk Variety 3

Maple Flavored Mini  
 Pancakes  
 Banana  
 Juice  
 Milk Variety 10

Yogurt w Crackers  
 Banana  
 Juice  
 Milk Variety 17

Thanksgiving Break  
 24

**T**

English Muffin w Egg  
 & Cheese  
 Banana  
 Juice  
 Milk Variety 4



Bacon & Egg Burrito  
 Watermelon  
 Juice  
 Milk Variety 18

Thanksgiving Break  
 25

**F**

French Toast w Sausage  
 Mix Fruit Cup  
 Juice  
 Milk Variety 5

Egg & Sausage Muffin  
 Mix Fruit Cup  
 Juice  
 Milk variety. 12

Bagel w Cream Cheese  
 Mix Fruit Cup  
 Juice  
 Milk Variety 19

Thanksgiving Break  
 26

**HEALTHY INNOVATIONS**  
 A Nutritional Food Service & Culinary Experience

**This institution is an equal opportunity provider.**

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MENUS SUBJECT TO CHANGE

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