

# JANUARY



## Amerischool - Lunch Menu

**M**

Corn Dog  
Corn  
Banana  
Milk Variety

3

**T**

Spaghetti w Meat Sauce  
Carrots  
Watermelon  
Milk Variety

4

**W**

Cheese quesadilla  
Refried Beans  
Apple  
Milk Variety

5

**T**

BBQ Chicken Sandwich  
Green Beans  
Orange  
Milk Variety

6

**F**

Pepperoni Pizza  
Romaine Salad  
Peaches  
Milk Variety

7

Cheeseburger  
Corn  
Banana  
Milk Variety

10

Baked Ziti w Sauce & Cheese  
Carrots  
Watermelon  
Milk Variety

11

Baked Chimichanga  
Refried Beans  
Apple  
Milk Variety

12

Orange Chicken w Rice  
Green Beans  
Orange  
Milk Variety

13

Pepperoni Pizza  
Romaine Salad  
Peaches  
Milk Variety

14



Mac & Cheese  
Carrots  
Watermelon  
Milk Variety

18

Chicken Fajitas w Tortilla  
Refried Beans  
Apple  
Milk Variety

19

Turkey Hot Dog  
Green Beans  
Orange  
Milk Variety

20

Pepperoni Pizza  
Romaine Salad  
Peaches  
Milk Variety

21

Chicken Nuggets  
Corn  
Banana  
Milk Variety

24

Chicken Caesar Salad  
Carrots  
Watermelon  
Milk Variety

25

Cheese nachos  
Refried Beans  
Apple  
Milk Variety

26

Sloppy Joe  
Green Beans  
Orange  
Milk Variety

27

Pepperoni Pizza  
Romaine Salad  
Peaches  
Milk Variety

28

Chicken Patty Sandwich  
Corn  
Banana  
Milk Variety

31

**HEALTHYINNOVATIONS**  
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.  
Nutritional Manager: Mirna Arenas (520) 495-5533  
MENUS SUBJECT TO CHANGE  
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