

SEPTEMBER 2022

AMERISCHOOL - BREAKFAST MENU



- Fruit of the Day:**
Apple
Banana
Fruit Cocktail
Grapes
Honeydew
Orange
Pears
Plums
Watermelon

M	T	W	T	F
Danish Fruit of the day Juice Variety of Milk 5	Mini Bagel Fruit of the day Juice Variety of Milk 6	Cinnamon Roll Fruit of the day Juice, Variety of Milk 7	Muffin Fruit of the day Juice, Variety of Milk 1	No School Fruit ,Juice Variety of Milk 2
Banana Bread Fruit of the day Juice, Variety of Milk 12	Pop Tarts Fruit of the day , Juice Variety of Milk 13	Assorted Cereal Pear , Juice Variety of Milk 14	Assorted Cereal w crackers Fruit of the day, Juice, Variety of Milk 8	Danish Fruit of the day , Juice Variety of Milk 9
Pop Tart Fruit of the day Juice Variety of Milk 19	Banana Bread Fruit of the day , Juice Variety of Milk 20	Muffin Bagel Fruit of the day Juice Variety of Milk 21	Muffin Fruit of the day Juice, Variety of Milk 15	Yogurt and Nutrigrain bar Fruit of the day, Juice Milk Variety 16
Cinnamon Roll Fruit of the day Juice Variety of Milk 26	Muffin Fruit of the day Juice, variety of Milk 27	Pop Tarts Fruit of the day Juice Variety of Milk 28	Muffin Fruit of the day Juice, Variety of Milk 22	Danish Fruit of the day Juice Variety of Milk 23
			Assorted Cereal w crackers Fruit of the day Juice Milk Variety 29	Yogurt and nutrigrain bar Fruit of the day Juice, Variety of Milk 30

This institution is an equal opportunity provider.
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MENUS SUBJECT TO CHANGE
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