

SEPTEMBER 2022

AMERISCHOOL LUNCH MENU

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W

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F

Fruit of the Day:

Apple
Banana
Fruit Cocktail
Grapes
Honeydew
Orange
Pears
Plums
Watermelon

Chicken Patty Sandwich
Corn
Fruit of the day
Milk Variety

12

Mac & Cheese
Carrots
Fruit of the day
Milk Variety

13

Cheese Quesadilla
Refried Beans
Fruit of the day
Milk Variety

14

BBQ Chicken sandwich
Green Beans
Fruit of the day
Milk Variety

15

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

16

Chicken Nuggets
Corn
Fruit of the day
Milk Variety

19

Baked Ziti w Meat Sauce
w Garlic Bread
Carrots
Fruit of the day
Milk Variety

20

Chicken Fajitas w Tortilla
Refried Beans
Fruit of the day
Milk Variety

21

Turkey & Cheese Sub
Green Beans
Fruit of the day
Milk Variety

22

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

23

Cheeseburger
Corn
Fruit of the day
Milk Variety

26

Chicken Alfredo Pasta
w Garlic Bread
Carrots
Fruit of the day
Milk Variety

27

Beef & Potatoes Tacos
Refried Beans
Fruit of the day
Milk Variety

28

Chicken Teriyaki w Rice
Green Beans
Fruit of the day
Milk Variety

29

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

30

Bean & Cheese Burrito
Green Beans
Fruit of the day
Milk Variety

1

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

2

Spaghetti w Meat Sauce w
Garlic Bread
Carrots
Fruit of the day
Milk Variety

6

Beef Picadillo w tortilla
Refried Beans
Fruit of the day
Milk Variety

7

Orange Chicken w Rice
Green Beans
Fruit of the day
Milk Variety

8

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

9



This institution is an equal opportunity provider.
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MENUS SUBJECT TO CHANGE
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