

DECEMBER 2022



AMERISCHOOL - Lunch Menu

Cheeseburger
Potato Wedges
Banana
Milk Variety
5

Orange chicken w
rice
Carrots, Apple
Milk Variety
6

Pepperoni Pizza
Romaine Salad,
Pear
Milk Variety
7

Chicken Quesadilla
and homemade
salsa
Refried
Beans ,Watermelon
Milk Variety
1

Turkey and
Cheese Sandwich
Green Beans
Orange
Milk Variety
2

Chicken Nuggets
Mashed Potatoes
Banana
Milk Variety
12

Turkey and cheese
Sandwich
Carrots
Apple, Milk
Variety
13

Pepperoni Pizza
Romaine Salad,
Pear
Milk Variety
14

Baked Chicken
Chimichanga
Refried Beans
Cantaloupe
Milk Variety
8

Turkey and
cheese sub
Green Beans
Orange
Milk Variety
9

Chicken Fajitas w
tortilla
Refried Beans,
Cantaloupe
Milk Variety
15

Tuna Salad Sub
Green Beans
Watermelon Milk
Variety

ME
19

RRY
20

CHRIST
21

MAS
22

AND
23

HA
26

PPY
27

NEW
28

YEAR
29

30



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A Nutritional Food Service & Culinary Experience

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MENUS SUBJECT TO CHANGE

MTania Felix: 520 4955336E

tania.felix@healthyinnovationsaz.com

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AMERISCHOOL - Breakfast Menu

			<p><i>Banana Bread Banana, Juice, Variety of Milk</i></p> <p>1</p>	<p><i>Muffin and crackers , Orange wedges Juice Variety of Milk</i></p> <p>2</p>
<p><i>Danish Apple Juice, Variety of Milk</i></p> <p>5</p>	<p><i>Pop Tart Mix Fruit Cup Juice Variety of Milk</i></p> <p>6</p>	<p><i>Granola Bar Pear , Juice Variety of Milk</i></p> <p>7</p>	<p><i>Bagel w cream cheese Banana, Juice, Variety of Milk</i></p> <p>8</p>	<p><i>Minni Cinnis Cereal Orange wedges, Juice Variety of Milk</i></p> <p>9</p>
<p><i>Cinnamon Roll Apple Juice, Variety of Milk</i></p> <p>12</p>	<p><i>Minni Bagel w crackers Juice Variety of Milk</i></p> <p>13</p>	<p><i>Muffin and crackers Pear Juice, Variety of Milk</i></p> <p>14</p>	<p><i>Raisin Bran cereal w crackers Banana , Juice Variety of Milk</i></p> <p>15</p>	<p><i>Danish Orange wedges Juice, Variety of Milk</i></p> <p>16</p>
<p>ME</p> <p>19</p>	<p>RRY</p> <p>20</p>	<p>CHRIST</p> <p>21</p>	<p>MAS</p> <p>22</p>	<p>AND</p> <p>24</p>
<p>HA</p> <p>26</p>	<p>PPY</p> <p>27</p>	<p>NEW</p> <p>28</p>	<p>YEAR</p> <p>29</p>	



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AMERISCHOOLS - Snack Menu

Teddy Bear crackers
Milk Variety
5

Granola Bar
Milk Variety
6

Muffin
Milk Variety
7

Goldfish Crackers
Milk Variety
1

Animal Crackers
Milk Variety
2

Pretzels
Apple Juice
12

Yogurt and fruit
mix
13

Goldfish Crackers
Milk Variety
14

Animal Crackers
Milk Variety
8

Cereal Bar
Apple
9

Muffin
Milk Variety
15

Crackers, banana
and milk variety .
16

ME
19

RRY
20

CHRIST
21

MAS
22

AND
23

HA
26

PPY
27

NEW
28

YEAR
29

30



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