

DECEMBER 2022

Amerischool Lunch Menu

M

Chicken Patty Sandwich
Corn
Fruit of the day
Milk Variety 5

T

Spaghetti w Meat
Sauce & Garlic Bread
Carrots
Fruit of the day
Milk Variety 6

W

Cheese Quesadilla
Refried Beans
Fruit of the day
Milk Variety 7

T

BBQ Chicken Sandwich
Green Beans
Fruit of the day
Milk Variety 1

F

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety 2

Orange Chicken w Rice
Green Beans
Fruit of the day
Milk Variety 8

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety 9

Cheeseburger
Corn
Fruit of the day
Milk Variety 12

Mac & Cheese
Carrots
Fruit of the day
Milk Variety 13

Cheese Nachos
Refried Beans
Fruit of the day
Milk Variety 14

Turkey & Cheese
Sandwich
Green Beans
Fruit of the day
Milk Variety 15

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety 16

H

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 **HEALTHY INNOVATIONS**
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.

Nutritional Manager: Mirna Arenas

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MENUS SUBJECT TO CHANGE

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