

JANUARY 2023

AMERISCHOOL – BREAKFAST MENU

NO SCHOOL

2

NO SCHOOL

3

Assorted Cereal
Fruit of the day
Juice
Milk Variety

4

Pop Tart
Fruit of the day
Juice
Milk Variety

5

Waffle
Fruit of the day
Juice
Milk Variety

6

Muffin
Fruit of the day
Juice
Milk Variety

9

Pancakes w sausage
Fruit of the day
Juice
Milk Variety

10

Chorizo & Egg Burrito
Fruit of the day
Juice
Milk Variety

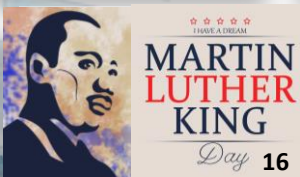
11

Yogurt w Crackers
Fruit of the day
Juice
Milk Variety

12

Danish
Fruit of the day
Juice
Milk Variety

13



Assorted Cereal
Fruit of the day
Juice
Milk Variety

17

Turkey & Egg Burrito
Fruit of the day
Juice
Milk Variety

18

Egg & Cheese Muffin
Fruit of the day
Juice
Milk Variety

19

Muffin
Fruit of the day
Juice
Milk Variety

20

Banana Bread
Fruit of the day
Juice
Milk Variety

23

Yogurt w Crackers
Fruit of the day
Juice
Milk Variety

24

Bacon & Egg Burrito
Fruit of the day
Juice
Milk Variety

25

French Toast
Fruit of the day
Juice
Milk Variety

26

Granola Bar
Fruit of the day
Juice
Milk Variety

27

Assorted Cereal
Fruit of the day
Juice
Milk Variety

30

Waffle
Fruit of the day
Juice
Milk Variety

31

 **HEALTHYINNOVATIONS**
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.

Nutritional Manager: Mirna Arenas

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MENUS SUBJECT TO CHANGE

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