

JANUARY 2023

AMERISCHOOL – LUNCH MEALS

NO SCHOOL

2

NO SCHOOL

3

Cheeseburger
Corn
Fruit of the day
Milk Variety

4

Orange Chicken w Rice
Green Beans
Fruit of the day
Milk Variety

5

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

6

Chicken Nuggets
Corn
Fruit of the day
Milk Variety

9

Chicken Alfredo Pasta
w Garlic Bread
Carrots
Fruit of the day
Milk Variety

10

Cheese Quesadilla
Refried Beans
Fruit of the day
Milk Variety

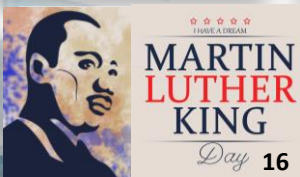
11

BBQ Chicken Sandwich
Green Beans
Fruit of the day
Milk Variety

12

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

13



Mac & Cheese
Carrots
Fruit of the day
Milk Variety

17

Beef Tacos
Refried Beans
Fruit of the day
Milk Variety

18

Turkey & Cheese Sandwich
Green Beans
Fruit of the day
Milk Variety

19

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

20

Chicken Patty Sandwich
Corn
Fruit of the day
Milk Variety

23

Spaghetti w Meat
Sauce & Garlic Bread
Carrots
Fruit of the day
Milk Variety

24

Beef Picadillo w Tortilla
Refried Beans
Fruit of the day
Milk Variety

25

Teriyaki Chicken w Rice
Green Beans
Fruit of the day
Milk Variety

26

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

27

Hamburger
Corn
Fruit of the day
Milk Variety

30

Baked Ziti w Meat Sauce
Carrots
Fruit of the day
Milk Variety

31

 **HEALTHYINNOVATIONS**
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.

Nutritional Manager: Mirna Arenas

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MENUS SUBJECT TO CHANGE

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