

March 2023

Amerischool – Breakfast Menu

M

Muffin
Fruit of the day
Juice
Variety of Milk

6

T

Pancakes w Sausage
Fruit of the day
Juice
Variety of Milk

7

W

Ham & Egg Burrito
Fruit of the day
Juice
Variety of Milk

1

T

French Toast
Fruit of the day
Juice
Variety of Milk

2

F

Bagel w Cream Cheese
Fruit of the day
Juice
Variety of Milk

3

Chorizo & Potato
Burrito
Fruit of the day
Juice
Variety of Milk

8

Assorted Cereal
Fruit of the day
Juice
Variety of Milk

9

Egg & Cheese w Tortilla
Fruit of the day
Juice
Variety of Milk

10

Assorted Cereal
Fruit of the day
Juice
Variety of Milk

13

Waffle
Fruit of the day
Juice
Variety of Milk

14

Sausage & Egg Burrito
Fruit of the day
Juice
Variety of Milk

15

Yogurt w Crackers
Fruit of the day
Juice
Variety of Milk

16

Banana Bread
Fruit of the day
Juice
Variety of Milk

17

Happy

20

Spring

21

Break

22

23

Strawberry Bagel
Fruit of the day
Juice
Variety of Milk

27

Muffin
Fruit of the day
Juice
Variety of Milk

28

Potato w Egg Burrito
Fruit of the day
Juice
Variety of Milk

29

Assorted Cereal
Fruit of the day
Juice
Variety of Milk

30

Egg & Cheese Muffin
Fruit of the day
Juice
Variety of Milk

31

Fruit of the Day:

Apple, Banana,
Mix Fruit, Grapes,
Honeydew, Orange, Pears,
Plums, Watermelon,
Strawberries, Pineapple

HEALTHYINNOVATIONS
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.
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MENUS SUBJECT TO CHANGE