

MARCH

AMERISCHOOL - Breakfast MENU

M

Banana Bread
Peaches
Juice
Milk Variety

6

T

Cereal Bowl
Peaches
Juice
Milk Variety

7

W

Muffin
Banana
Juice
Milk Variety

1

T

Pop Tart
Mix Fruit cup
Juice
Milk Variety

2

F

Mini Bagel
Watermelon
Juice
Milk Variety

3

Muffin
Fruit Mix cup
Juice
Milk Variety

13

Cereal Bowl
Peaches
Juice
Milk Variety

14

Mini bagel
Fruit Mix cup
Juice
Milk Variety

15

Cinnamon Roll
Orange
Juice
Milk Variety

16

Banana Bread
Watermelon
Juice
Milk Variety

17

READY, SET...

20

21

SPRING BREAK!

22

23

24

Pop Tart
Peaches
Juice
Milk Variety

27

Cinnamon Roll
Peaches
Juice
Milk Variety

28

Danish
Fruit Mix cup
Juice
Milk Variety

29

Cereal Bowl
Watermelon
Juice
Milk Variety

30

Muffin
Banana
Juice
Milk Variety

31

HEALTHYINNOVATIONS
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(520) 495-5533

MENUS SUBJECT TO CHANGE

Tania.felix@healthyinnovationsaz.com

MARCH

AMERISCHOOL – Lunch MENU

M

Chicken Patty Sandwich
Corn
Banana
Milk Variety

6

T

Spaghetti w Cheese and
tomato sauce
Carrots, Fruit Mix Cup,
Milk Variety

7

W

Pepperoni Pizza
Romaine Salad
Peaches
Milk Variety

1

T

Chicken Taquitos and
salsa
Refried Beans
Apple
Milk Variety

2

F

Turkey and cheese
Sub
Celery
Orange
Milk Variety

3

Chicken Nuggets
Corn
Banana
Milk Variety

13

Baked Ziti w cheese
and tom. Sauce
Carrots,
Fruit Mix Cup,
Milk Variety

14

Pepperoni Pizza
Romaine Salad
Peaches
Milk Variety

15

Picadillo w tortilla
Refried Beans,
Apple,
Milk Variety

16

Grilled Cheese
Sandwich
Green Beans
Orange
Milk Variety

17

READY, SET...

20

21

SPRING

22

BREAK!

23

24

Cheeseburger
Corn
Banana
Milk Variety

27

Orange chicken w rice
Carrots
Watermelon
Milk Variety

28

Pepperoni Pizza
Romaine Salad
Peaches
Milk Variety

29

Chicken Chimichanga
Refried Beans,
Apple,
Milk Variety

30

Turkey and Cheese Sub
Green Beans
Orange
Milk Variety

31

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