

SEPTEMBER 2023

AMERISCHOOL - BREAKFAST MENU



F

No School

1

M



T

Blueberry Muffin
Fruit of the day
Apple Juice
Variety of Milk

5

W

Chorizo & Potato Burrito
Fruit of the day
Apple Juice
Variety of Milk

6

T

Waffle
Fruit of the day
Apple Juice
Variety of Milk

7

Bagel w Cream Cheese
Fruit of the day
Apple Juice
Variety of Milk

8

Assorted Cereal
Fruit of the day
Apple Juice
Variety of Milk

11

French Toast
Fruit of the day
Apple Juice
Variety of Milk

12

Bacon & Egg Burrito
Fruit of the day
Apple Juice
Variety of Milk

13

Banana Bread
Fruit of the day
Apple Juice
Variety of Milk

14

Egg & Cheese Muffin
Fruit of the day
Apple Juice
Variety of Milk

15

Strawberry Bagel
Fruit of the day
Apple Juice
Variety of Milk

18

Pancakes w Sausage
Fruit of the day
Apple Juice
Variety of Milk

19

Turkey & Egg Burrito
Fruit of the day
Apple Juice
Variety of Milk

20

Blueberry Muffin
Fruit of the day
Apple Juice
Variety of Milk

21

Egg & Cheese Bagel
Fruit of the day
Apple Juice
Variety of Milk

22

Strawberry Yogurt
Fruit of the day
Apple Juice
Variety of Milk

25

Assorted Cereal
Fruit of the day
Apple Juice
Variety of Milk

26

Sausage & Egg Burrito
Fruit of the day
Apple Juice
Variety of Milk

27

Cinnamon Roll
Fruit of the day
Apple Juice
Variety of Milk

28

Bagel w Cream Cheese
Fruit of the day
Apple Juice
Variety of Milk

29



HEALTHY INNOVATIONS

This institution is an equal opportunity provider.

Nutrition Manager: Mirna Arenas

MENUS SUBJECT TO CHANGE

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