

SEPTEMBER 2023

AMERISCHOOL - LUNCH MENU

No School

1

M



T

Cheeseburger
Corn
Fruit of the day
Milk Variety

5

W

Cheese Quesadilla
Refried Beans
Fruit of the day
Milk Variety

6

T

Bean & Cheese Burrito
Green Beans
Fruit of the day
Milk Variety

7

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

8

Chicken Nuggets
Corn
Fruit of the day
Milk Variety

11

Alfredo Pasta w
Garlic Bread
Carrots
Fruit of the day
Milk Variety

12

Picadillo w Tortilla
Refried Beans
Fruit of the day
Milk Variety

13

Turkey Corn Dog
Green Beans
Fruit of the day
Milk Variety

14

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

15

Chicken Patty Sandwich
Corn
Fruit of the day
Milk Variety

18

Spaghetti w Meat
Sauce & Garlic Bread
Carrots
Fruit of the day
Milk Variety

19

Chicken Fajitas w
Tortilla
Refried Beans
Fruit of the day
Milk Variety

20

Teriyaki Chicken w Rice
Green Beans
Fruit of the day
Milk Variety

21

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

22

Turkey Hot Dog
Corn
Fruit of the day
Milk Variety

25

Mac & Cheese w Garlic
Bread
Carrots
Fruit of the day
Milk Variety

26

Beef & Potato Tacos
Refried Beans
Fruit of the day
Milk Variety

27

Turkey & Cheese Sub
Green Beans
Fruit of the day
Milk Variety

28

Pepperoni Pizza
Romaine Salad
Fruit of the day
Milk Variety

29



HEALTHY INNOVATIONS

This institution is an equal opportunity provider.

Nutrition Manager: Mirna Arenas

MENUS SUBJECT TO CHANGE

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