

# November 2023



## Amerischool - Breakfast Menu



	W	T	F
	Bacon & Egg Burrito Fruit of the day 100 % Juice Milk Variety 1	Bagel w Cream Cheese Fruit of the day 100 % Juice Milk Variety 2	Blueberry Muffin Fruit of the day 100 % Juice Milk Variety 3
M	T	Scramble Egg w Turkey Burrito Fruit of the day 100 & Juice Milk Variety 8	Yogurt w Crackers Fruit of the day 100 % Juice Milk Variety 9
Assorted Cereal Fruit of the day 100 % Juice Milk Variety 6	Pancakes w Sausage Fruit of the day 100 % Juice Milk Variety 7	Chorizo & Egg Burrito Fruit of the day 100 % Juice Milk Variety 15	VETERANS DAY 10
Strawberry Bagel Fruit of the day 100 % Juice Milk Variety 13	Waffle Fruit of the day 100 % Juice Milk Variety 14	Cinnamon Roll Fruit of the day 100 % Juice Milk Variety 16	Egg & Cheese Muffin Fruit of the day 100 % Juice Milk Variety 17
Blueberry Muffin Fruit of the day 100 % Juice Milk Variety 20	French Toast Fruit of the day 100 % Juice Milk Variety 21	Potato & Egg Burrito Fruit of the day 100 % Juice Milk Variety 22	Thanksgiving Break 23
Assorted Cereal Fruit of the day 100 % Juice Milk Variety 27	Mini Waffles Fruit of the day 100 % Juice Milk Variety 28	Sausage & Egg Burrito Fruit of the day 100 % Juice Milk Variety 29	Thanksgiving Break 24
			Bagel w Cream Cheese Fruit of the day 100 % Juice Milk Variety 30

### Fruit of the day:

Grapes,  
Peaches,  
Watermelon,  
Banana,  
Pears, Apple,  
Orange, Fruit  
Cup, Pears,  
Nectarines,  
Pineapple,  
Cantaloupe,  
Honey dew,  
Plums,



This institution is an equal opportunity provider.

Nutrition Manager: Mirna Arenas

**MENUS SUBJECT TO CHANGE**

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