

MARCH

AMERISCHOOLS – Breakfast MENU

M

Banana Bread
Peaches
Juice
Milk Variety

4

T

Danish
strawberries
Juice
Milk Variety

5

W

Cereal W crackers
Apple slices
Juice
Milk Variety

6

T

Yogurt and Granola
Bar
Fruit cup
Juice
Milk Variety

7

F

Cereal W crackers
Plum
Juice
Milk Variety

1

READY, SET...

11

SPRING BREAK!

13

14

15

Muffin
Peaches
Juice
Milk Variety

18

Cinnamon roll
strawberries
Juice
Milk Variety

19

Mini Bagel
Apple
Juice
Milk variety

20

Bagel w cream
cheese
Plum
Juice
Milk Variety

21

Yogurt and nutri
grain
Plum
Juice
Milk Variety

22

Pop Tart
Peaches
Juice
Milk Variety

25

Cinnamon Roll
strawberries
Juice
Milk Variety

26

Yogurt and cgranola
bar
Apple Slices
Juice
Milk Variety

27

NO SCHOOL

28

NO SCHOOL

29



**HEALTHY
INNOVATIONS**

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provider.

MENUS SUBJECT TO CHANGE
marcelalizarraga@healthyinnovationsaz.com

MARCH

AMERISCHOOLS- Lunch MENU

M

Popcorn chicken bowl
(mashed potatoes
bowl)
Banana
Milk Variety 4

T

Spaghetti w Cheese and
tomato sauce
Carrots, Fruit Mix Cup,
Milk Variety 5

W

Cheese pizza
Garden salad
Pear
Milk Variety 6

T

Chicken Quesadilla
Refried Beans,
Apple,
Milk Variety 7

F

Grilled cheese
Broccoli
Apple
Milk variety 1

Turkey Sandwich
Broccoli
Apple
Milk variety 8

READY, SET...

11

12

SPRING BREAK!

13

14

15

Corn Dog
Corn
Banana
Milk variety 18

18

Chicken creamy Pasta
& diner roll
Carrots
Fruit mix cup
Milk variety 19

19

Cheese pizza
Garden salad
Pear
Milk Variety 20

20

Chicken fajita
burrito
Refried Beans,
Apple,
Milk Variety 21

21

Turkey grilled
cheese
Broccoli
Apple
Milk variety 22

22

Chicken Nuggets
Corn
Banana
Milk variety 25

25

Beef Mac and
Cheese w roll
Carrots
Watermelon
Milk Variety 26

26

Cheese pizza
Garden salad
Pear
Milk Variety 27

27

NO SCHOOL

28

NO SCHOOL

29



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