

SEPTEMBER 2024

AMERISCHOOL - BREAKFAST MENU



T
Pop Tart
Orange
Juice
Milk variety 3

W
Turkey and egg burrito
Grapes
Juice
Milk variety 4

T
Cinnamon roll
Pear
Juice
Milk variety 5

F
Apple
Juice
Milk variety 6

Danish
Peaches
Juice
Milk variety 9

Yogurt and granola
bar
Orange
Juice
Milk variety 10

Chorizo and egg
burrito
Grapes
Juice
Milk variety 11

Danish
Pear
Juice
Milk variety 12

Cereal & crackers
Apple
Juice
Milk variety 13

Banana Bread
Peaches
Juice
Milk variety 16

Mini Bagel
Orange
Juice
Milk variety 17

Egg sausage burrito
Grapes
Juice
Milk variety 18

Cereal Bar
Pear
Juice
Milk variety 19

Cereal and crackers
Apple
Juice
Milk variety 20

Yogurt and crackers
Peaches
Juice
Milk variety 23

Cinnamon Roll
Orange
Juice
Milk variety 24

Sausage and cheese
Muffin
Grapes
Juice
Milk variety 25

Cereal bowl w crackers
Pear
Juice
Milk variety 26

NO SCHOOL

Banana Bread
Apple
Juice
Milk variety 30



HEALTHY INNOVATIONS

This institution is an equal opportunity provider.

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SEPTEMBER 2023

AMERISCHOOL - LUNCH MENU



T

Mac and cheese w
roll
carrots
Apple
Milk Variety 3

W

Cheese Pizza
Garden Salad
Peaches
Milk Variety 4

T

Beef nachos
Refried beans
Plum
Milk Variety 5

F

Hot dog
Potato wedges
Orange
Milk Variety 6

Cheeseburger
Corn
Banana
Milk Variety 9

Chicken alfredo
Pasta and roll
Carrots
Apple
Milk Variety 10

Cheese Pizza
Romaine Salad
Peaches
Milk Variety 11

Picadillo burrito
Refried Beans
Plum
Milk Variety 12

Ham and cheese
sandwich
Potato chips
Orange
Milk Variety 13

Chicken Nuggets
Mashed potatoes
Banana
Milk Variety 16

Ziti w meat sauce
dinner roll
Carrots
Apple
Milk Variety 17

Cheese Pizza
Garden Salad
Peaches
Milk Variety 18

Beef taquitos
Refried beans
Plum
Milk Variety 19

Turkey cheese sub
Potato chips
Orange
Milk Variety 20

Chicken Patty Sandwich
Corn
Banana
Milk Variety 23

Spaghetti w cheese &
Garlic Bread
Carrots,
Apple
Milk Variety 24

Cheese Pizza
Romaine Salad
Peaches
Milk Variety 25

Chicken chimichanga
Refried beans
Plum
Milk Variety 26

NO SCHOOL

Ham and cheese sub
potato chips
Orange
Milk Variety 30



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