



M

**BREAKFAST MENU**

T

1 ASSORTED CEREAL  
FRUIT OF THE DAY JUICE  
1% MILK

W

2 POTATO, EGG & BACON BURRITO  
FRUIT OF THE DAY JUICE  
1% MILK

T

3 PANCAKES & SAUSAGE  
FRUIT OF THE DAY JUICE  
1% MILK

F

4 CINNAMON ROLL  
FRUIT OF THE DAY JUICE  
1% MILK

7

FALL BREAK  
NO SCHOOL

8

FALL BREAK  
NO SCHOOL

9

FALL BREAK  
NO SCHOOL

10

FALL BREAK  
NO SCHOOL

11

FALL BREAK  
NO SCHOOL

14

PANCAKES  
FRUIT OF THE DAY JUICE  
1% MILK

15

POP-TART  
FRUIT OF THE DAY JUICE  
1% MILK

16

MINI WAFFLES  
FRUIT OF THE DAY JUICE  
1% MILK

17

CHORIZO & EGG W/  
TORTILLA  
FRUIT OF THE DAY JUICE  
1% MILK

18

MINI BAGEL  
FRUIT OF THE DAY JUICE  
1% MILK

21

ASSORTED MUFFIN  
FRUIT OF THE DAY JUICE  
1% MILK

22

YOGURT W/  
CRACKERS  
FRUIT OF THE DAY JUICE  
1% MILK

23

TURKEY, EGG & CHEESE  
MUFFIN  
FRUIT OF THE DAY JUICE  
1% MILK

24

FRENCH TOAST  
FRUIT OF THE DAY JUICE  
1% MILK

25

BAGEL W/ CREAM CHEESE  
FRUIT OF THE DAY JUICE  
1% MILK

28

CEREAL BAR  
FRUIT OF THE DAY JUICE  
1% MILK

29

SAUSAGE & EGG  
FRUIT OF THE DAY JUICE  
1% MILK

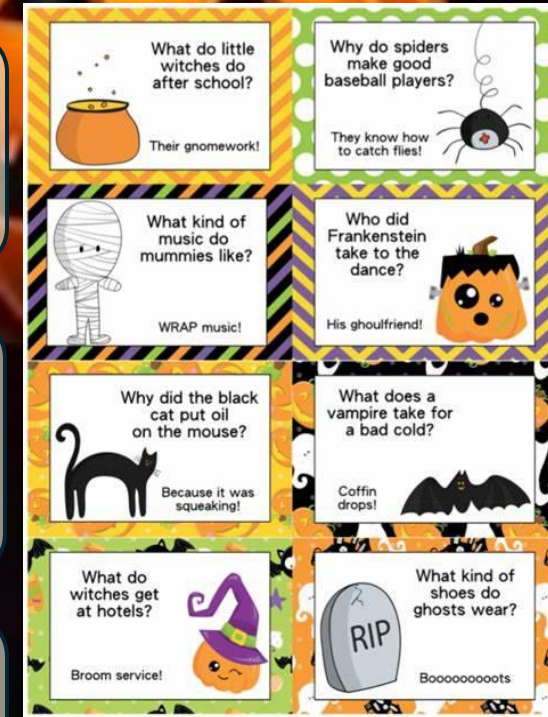
30

BANANA BREAD  
FRUIT OF THE DAY JUICE  
1% MILK

31

31st  
CHEESE OMELET  
FRUIT OF THE DAY JUICE  
1% MILK  
Halloween

**A MORNING LAUGH**



OCTOBER 2024

**HEALTHY INNOVATIONS**  
An equal opportunity provider

For menu Information Contact us at  
our office: 602-9561797  
Chally Dousten

[Chally.dousten@healthyinnovationsaz.com](mailto:Chally.dousten@healthyinnovationsaz.com)

MENUS CAN BE SUBJECT TO CHANGE



# OCTOBER 2024

M



## LUNCH MENU

T

1  
TERIYAKI CHICKEN  
W/ RICE  
CARROTS  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

W

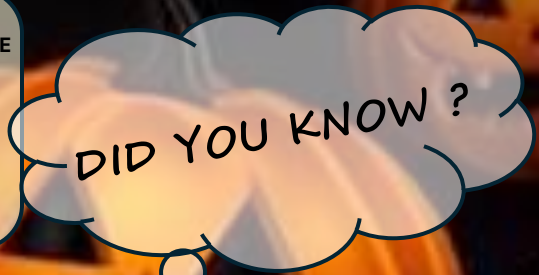
2  
PIZZA DAY  
MIXED SALAD  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

T

3  
GRILLED CHEESE  
SANDWICH  
CORN  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

F

4  
SPAGHETTI & MEAT SAUCE  
W/GARLIC TOAST  
GREEN PEAS  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK



7

FALL BREAK  
NO SCHOOL

8

FALL BREAK  
NO SCHOOL

9

FALL BREAK  
NO SCHOOL

10

FALL BREAK  
NO SCHOOL

11

FALL BREAK  
NO SCHOOL

## Fun Holidays in October

- October 1: National Homemade Cookies Day
- October 3: National Pumpkin Seed Day
- October 4: National Taco Day
- October 5: National Do Something Nice Day
- October 6: National Noodle Day
- October 8: Columbus Day
- October 9: Leif Erikson Day
- October 10: National Cake Decorating Day
- October 11: National Sausage Pizza Day
- October 12: National Savings Day
- October 13: National Train Your Brain Day
- October 14: National Dessert Day
- October 15: National I Love Lucy Day
- October 16: Global Cat Day
- October 17: National Fossil Day
- October 18: National Get Smart About Credit Day
- October 21: National Pumpkin Cheesecake Day
- October 23: National Boston Cream Pie Day
- October 24: United Nations Day
- October 26: National Pumpkin Day
- October 30: National Candy Corn Day
- October 31: Halloween



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ITALIAN SUB  
CHIPS  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

15

CHICKEN FAJITAS  
BEANS  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

16

PIZZA DAY  
MIXED SALAD  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

17

CHEESEBURGER  
WEDGES  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

18  
TURKEY SALAD  
CUP  
CHIPS  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

21

CHICKEN NUGGETS  
MASHED POTATOS  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

22

MAC-N-CHEESE  
W/ ROLL  
CARROTS  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

23

TURKEY & CHEESE  
SANDWICH  
CHIPS  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

24

CORN DOG  
FRIES  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

25

CHICKEN ALFREDO  
PASTA  
GREEN BEANS  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

28

ROLLED BEEF  
TAQUITOS  
BEANS  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

29

HAM & CHEESE  
SANDWICH  
CHIPS  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

30

PIZZA DAY  
MIXED SALAD  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK

31

ORANGE CHICKEN  
W/RICE  
FRESH BROCOLI  
FRUIT OF THE DAY  
1% MILK  
CHOCOLATE MILK  
HALLOWEEN



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