

MARCH

AMERISCHOOL - Breakfast MENU

M

Pop Tart
Fruit of the day
Juice
Milk Variety

3

T

French Toast w/ Syrup
Fruit of the day
Juice
Milk Variety

4

W

Cinnamon roll
Fruit of the day
Juice
Milk Variety

5

T

Waffle w/ syrup
Fruit of the day
Juice
Milk Variety

6

F

Cereal Bar
Fruit of the day
Juice
Milk Variety

7

READY, SET...

10

SPRING BREAK!

11

12

13

14

Cereal and Crackers
Fruit of the day
Juices
Milk Variety

17

Pancakes w/ Syrup
Fruit of the day
Juice
Milk Variety

18

bagel w/ cream
cheese
Fruit of the day
Juice
Milk Variety

19

Yogurt and graham
crackers
Fruit of the day
Juice
Milk Variety

20

Mini Waffle
Fruit of the day
Juice
Milk Variety

21

Cereal Bar
Fruit of the day
Juice
Milk Variety

24

Danish
Fruit of the day
Juice
Milk Variety

25

Yogurt and Crackers
Fruit of the day
Juice
Milk Variety

26

Blueberry Muffin
Fruit of the day
Juice
Milk Variety

27

Pop Tart
Fruit of the day
Juice
Milk Variety

28

Cereal and Crackers
Fruit of the day
Juice
Milk Variety

31



HEALTHY INNOVATIONS

This institution is an equal opportunity provider.

MENUS SUBJECT TO CHANGE

MARCH

AMERISCHOOL – LUNCH MENU

M

Chicken Pasta
Carrots
Fruit of the day
Milk Variety

3

T

Chicken Nachos
Mexican Beans
Fruit of the day
Milk Variety

4

W

Turkey and Cheese
Sandwich
Chips
Fruit of the day
Milk Variety

5

T

Sonoran Hot Dog
Corn on the Cob
Fruit of the day
Milk Variety

6

F

Pepperoni pizza
Salad w/ ranch
Fruit of the day
Milk Variety

7

READY, SET...

10

SPRING BREAK!

11

12

13

14

Mac and Cheese with
Dinner Roll
Carrots
Fruit of the day
Milk Variety

17

Chicken Tacos w corn
Tortillas
Pinto Beans
Fruit of the day
Milk Variety

18

Turkey and Cheese
Sub
Pinto Beans
Fruit of the day
Milk Variety

19

Chicken Patty
Potatoes Wedges
Fruit of the day
Milk Variety

20

Pepperoni pizza
Salad w/ ranch
Fruit of the day
Milk Variety

21

Ziti pasta w Meat
Sauce
Carrots
Fruit of the day
Milk Variety

24

Chicken
Chimichangas
Refried Beans
Fruit of the day
Milk Variety

25

Turkey and Cheese
Sandwich
Fruit of the day
Milk Variety

26

All American
Hamburger
Potatoes Wedges
Fruit of the day
Milk Variety

27

Pepperoni pizza
Salad w/ ranch
Fruit of the day
Milk Variety

28

Chicken Nuggets
Steamed Broccoli
Fruit of the day
Milk Variety

31



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